

# **Providing home visit healthcare to previously homeless and convicted individuals reintegrated in communities: Collaboration with citizen groups in social connectivity**

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## **Background**

Previously homeless and convicted individuals encounter difficulties reintegrating and living in communities. Approximately 60% possess intellectual, mental, developmental, and other disabilities. We worked with citizen organizations connecting these individuals to social resources to create reintegration environments in communities.

## **Aim of the study**

We conducted retrospective studies of home visit healthcare, collaborating with citizen groups to provide support to previously homeless or convicted individuals.

## **Methods**

Retrospective studies of home visits for medical treatment and nursing were reviewed for the past six years. Collected data from previous activities and records of home visit-based healthcare and support were qualitatively analyzed, including changes over time from activity results and desired lifestyles.

## **Results**

Initially, home visit care was limited to psychiatrists, but internist visits were added in the fifth year. To cooperate with social work services, a consultation office was established consisting of welfare services for people with disabilities, where we met monthly with citizen organizations to discuss support policies and reinforce our relationship. Among 40 participants, 29 were single, 19 experienced homelessness, and 6 were convicts. Additionally, 27 possessed mental disability certificates and 6 possessed nursing disability certificates.

## **Conclusions and implications**

We implemented home visit healthcare support into the Housing First policy offered by citizen organizations. Adjusted living environment, conversation, and strength model-based efforts provided participants a sense of security leading to appropriate welfare services. Our findings show that home visit-based medical treatment and nursing support the wishes of these vulnerable individuals to reintegrate and live in communities. Importantly, these approaches correct disparities in health status and aid toward a local symbiosis society.